

Friends of the Trees Botanicals

2017 Catalog

Fresh and Dry Herbs

This catalog offers 107 botanicals from 95 species. We grow or wildcraft all of them personally. 57 of the botanicals are wildcrafted, 50 are cultivated, and 6 species we both grow and wildcraft.

Origins: 36 species are Pacific Northwest natives. 17 are weedy non-natives naturalized in Washington State that we wildcraft.

We cultivate 51 species from Europe, Asia and the US.

* 2017 is our 22nd year as a commercial botanicals business.

* Our wildcrafting is done in the northern counties of Washington, Idaho and Northwest Montana.

* Our wildcrafted botanicals are sustainably gathered to maintain healthy plant populations.

cu = cultivated crop

wc = wildcrafted

Common Name/Latin Name	Part	Price Per Pound					
		1-4 lbs Fresh	5-25 Fresh	26-100 Fresh	1-4 lbs Dried	5-25 Dried	26-100 Dried
Arnica, Heart-leaved (<i>Arnica cordifolia</i>) wc	Flowers	22.00	20.00	18.00	100.00	75.00	—
Ashwaganda (<i>Withania somniferum</i>) cu	Root	20.00	14.00	12.00	24.00	19.00	—
Aspen (<i>Populus tremuloides</i>) wc	Bark	14.00	10.00	8.00	17.00	15.00	12.00
Balsamroot (<i>Balsamorhiza sagittata</i>) wc	Root	15.00	13.00	11.00	24.00	18.00	16.00
Beebalm (<i>Monarda didyma</i>) cu	Aerial	12.00	10.00	—	24.00	20.00	—
Betony (<i>Stachys officinalis</i>) cu	Aerial	15.00	13.00	—	24.00	20.00	—
Bilberry (<i>Vaccinium myrtillus</i>) wc	Twigs/Leaves/Berries	25.00	22.00	20.00	—	—	—
Black Cohosh (<i>Cimicifuga racemosa</i>) cu	Root	12.00	8.00	6.00	24.00	20.00	18.00
Black Indian Hemp (<i>Apocynum cannabinum</i>) wc	Root	20.00	16.00	15.00	30.00	24.00	18.00
Blackroot (<i>Veronicastrum virginicum</i>) cu	Root	12.00	10.00	—	28.00	24.00	—
Blessed Thistle (<i>Cnicus benedictus</i>) cu	Aerial	10.00	8.00	6.00	18.00	14.00	13.00
Burdock (<i>Arctium lappa</i>) wc/cu	Root	10.00	8.00	7.00	30.00	28.00	—
Bugleweed (<i>Lycopus americanus</i>) cu	Aerial	12.00	8.00	6.00	18.00	14.00	13.00
Butterbur (<i>Petasites palmatus</i>) wc	Root	13.00	12.00	10.00	30.00	24.00	20.00
Butterbur (<i>Petasites palmatus</i>) wc	Leaves/Aerial	12.00	10.00	8.00	24.00	20.00	18.00
Calendula (<i>Calendula officinalis</i>) cu	Flower	20.00	18.00	16.00	60.00	50.00	—
California Poppy (<i>Eschscholzia californica</i>) cu	Aerial	12.00	10.00	9.00	20.00	18.00	16.00
Catnip (<i>Nepeta cataria</i>) wc/cu	Aerial	12.00	8.00	7.00	18.00	14.00	13.00
Celandine (<i>Chelidonium majus</i>) cu	Aerial	13.00	10.00	—	24.00	20.00	—
Chickweed (<i>Stellaria media</i>) wc	Aerial	14.00	10.00	9.00	—	—	—
Cleavers (<i>Galium aparine</i>) wc	Aerial	14.00	11.00	9.00	—	—	—
Comfrey (<i>Symphytum officinale</i>) cu	Leaf	12.00	9.00	6.00	18.00	14.00	13.00
Comfrey (<i>Symphytum officinale</i>) cu	Root	9.00	8.00	7.00	24.00	22.00	20.00
Cottonwood (<i>Populus trichocarpa</i>) wc	Buds	24.00	22.00	20.00	60.00	50.00	—
Dandelion (<i>Taraxacum officinale</i>) wc	Root	15.00	12.00	10.00	—	—	—
Dandelion (<i>Taraxacum officinale</i>) wc	Leaf	15.00	12.00	10.00	—	—	—
Dandelion (<i>Taraxacum officinale</i>) wc	Whole Plant	15.00	12.00	10.00	—	—	—
Devils Club (<i>Oplopanax horridum</i>) wc	Rootbark	26.00	20.00	18.00	48.00	42.00	—
Elderberry (<i>Sambucus caerulea</i>) wc	Ripe Berries	9.00	7.00	5.00	30.00	26.00	—
Elderflower (<i>Sambucus caerulea</i>) wc	Flower	18.00	15.00	13.00	60.00	50.00	—
Elecampane (<i>Inula helenium</i>) cu	Root	12.00	9.00	8.00	24.00	20.00	18.00
Epazote (<i>Chenopodium ambrosioides</i>) cu	Aerial	11.00	9.00	7.00	25.00	20.00	18.00
Feverfew (<i>Tanacetum parthenium</i>) cu	Flower/Tips	10.00	8.00	7.00	30.00	24.00	20.00
Fireweed (<i>Epilobium angustifolia</i>) wc	Flowering Inflorescence	12.00	10.00	9.00	30.00	26.00	—
Goldenrod (<i>Solidago canadensis</i>) wc/cu	Flower tops	9.00	8.00	7.00	22.00	16.00	14.00

Common Name/Latin Name	Part	Price Per Pound					
		5-24 lbs Fresh	25-99 Fresh	100+ Fresh	1-4 lbs Dried	5-24 Dried	25-99 Dried
Gotu Kola (<i>Centella asiatica</i>) cu	Whole Plant	15.00	12.00	—	60.00	50.00	—
Gromwell (<i>Lithospermum ruderale</i>) wc	Root	20.00	16.00	14.00	35.00	30.00	26.00
Gumweed (<i>Grindelia squarrosa</i>) wc	Tops- Flower and Buds	13.00	8.00	6.00	20.00	17.00	15.00
Hawthorn (<i>Crataegus monogyna</i> , <i>C.douglasii</i> , <i>C. Columbiana</i>) wc	Fruit	10.00	8.00	7.00	22.00	20.00	18.00
Hawthorn (<i>Crataegus monogyna</i>) wc	Flower	20.00	18.00	16.00	40.00	38.00	—
Holy Basil (<i>Ocimum sanctum</i>) cu	Aerial	16.00	14.00	12.00	40.00	36.00	—
Horsechestnut (<i>Aesculus hippocastanum</i>) cu	Nuts	7.00	5.00	4.00	12.00	9.00	8.00
Horsetail (<i>Equisetum arvense</i>) wc	Aerial	12.00	10.00	8.00	20.00	16.00	14.00
Hops (<i>Humulus lupulus</i>) cu	Strobiles	16.00	13.00	11.00	30.00	24.00	22.00
Horseradish (<i>Armoracia rusticana</i>) cu	Root	9.00	8.00	7.00	—	—	—
Hyssop (<i>Hyssopus officinalis</i>) cu	Aerial in Flower	10.00	8.00	7.00	20.00	16.00	14.00
Joe-Pye Weed, Gravelroot (<i>Eupatorium purpureum</i>) cu	Root	15.00	12.00	10.00	24.00	20.00	18.00
Kinnikinnik (<i>Arctostaphylos uva-ursi</i>) wc	Young Tips	16.00	13.00	12.00	30.00	26.00	22.00
Larch, Western (<i>Larix occidentalis</i>) wc	Bark	12.00	9.00	6.00	17.00	15.00	12.00
Lavender (<i>Lavandula angustifolia</i>) cu	Stripped Flowers	28.00	25.00	22.00	60.00	50.00	—
Lemon Balm (<i>Melissa officinalis</i>) cu	Aerial	11.00	8.00	—	24.00	20.00	—
Licorice Fern (<i>Polypodium glycyrrhiza</i>) wc	Rhizomes	20.00	16.00	13.00	40.00	36.00	—
Lobelia (<i>Lobelia inflata</i>) cu	Aerial	16.00	14.00	—	40.00	30.00	—
Lomatium (<i>Lomatium dissectum</i>) wc	Root	10.00	8.00	7.00	21.00	20.00	16.00
Lungwort (<i>Lobaria pulmonaria</i>) wc	Lichen	20.00	18.00	15.00	40.00	36.00	—
Marshmallow (<i>Althaea officinalis</i>) cu	Leaf	12.00	8.00	6.00	22.00	18.00	15.00
Marshmallow (<i>Althaea officinalis</i>) cu	Root	15.00	12.00	10.00	24.00	18.00	16.00
Meadowsweet (<i>Filipendula ulmaria</i>) cu	Aerial in Flower	13.00	9.00	—	24.00	20.00	—
Motherwort (<i>Leonurus cardiaca</i>) cu	Aerial in Flower	9.00	7.00	6.00	22.00	16.00	13.00
Mugwort, Puget Sound (<i>Artemisia vulgaris</i>) wc	Leaves and Tips	10.00	9.00	7.00	22.00	18.00	16.00
Mullein (<i>Verbascum thapsus</i>) wc	Leaves	9.00	7.00	5.50	22.00	16.00	13.00
Nettle (<i>Urtica dioica</i>) wc/cu	Seedheads	16.00	14.00	12.00	—	—	—
Nettle (<i>Urtica dioica</i>) wc/cu	Seed	—	—	—	37.00	32.00	—
Nettle (<i>Urtica dioica</i>) wc/cu	Root	16.00	12.00	11.00	38.00	32.00	—
Nettle (<i>Urtica dioica</i>) wc/cu	Aerial	9.00	7.00	6.00	36.00	32.00	30.00
Oats, Milky (<i>Avena sativa</i>) cu	Oats in milk stage	12.00	10.00	9.00	16.00	14.00	13.00
Oatstraw (<i>Avena sativa</i>) cu	Green Stalks	—	—	—	15.00	12.00	11.00
Oregano (<i>Oreganum vulgare</i>) cu	Aerial	13.00	9.00	7.00	22.00	20.00	18.00
Oregon-Grape (<i>Mahonia aquifolium</i>) wc	Root	13.00	11.00	9.00	16.00	14.00	10.00
Oregon-Grape, Low (<i>Mahonia nervosa</i>) wc	Root	14.00	12.00	10.00	20.00	16.00	14.00
Orris Root (<i>Iris florentina</i>) cu	Rhizome/Root	15.00	12.00	10.00	24.00	18.00	16.00
Osha (<i>Ligusticum canbyii</i>) wc	Root	26.00	20.00	18.00	60.00	50.00	—
Peppermint (<i>Mentha piperita</i>) cu	Aerial	12.00	8.00	7.00	18.00	14.00	13.00
Pipsissewa (<i>Chimaphila umbellata</i>) wc	Aerial	18.00	15.00	13.00	30.00	24.00	20.00
Pipsissewa (<i>Chimaphila umbellata</i>) wc	Whole plant w/ Rhizome	15.00	12.00	9.00	24.00	20.00	18.00
Raspberry (<i>Rubus idaeus</i>) cu	Leaf	—	—	—	22.00	20.00	18.00
Red Clover (<i>Trifolium pratense</i>) wc/cu	Blossoms	20.00	16.00	14.00	44.00	40.00	—
Red Osier Dogwood (<i>Cornus sericea</i>) wc	Bark	15.00	12.00	10.00	30.00	27.00	25.00
Redroot (<i>Ceanothus velutinus</i>) wc	Root/Rootbark	24.00	18.00	16.00	28.00	22.00	20.00
Rose (<i>Rosa gymnocarpa</i>) wc	Flower Buds	25.00	—	—	80.00	—	—
Rose (<i>Rosa gymnocarpa</i>) wc	Flower Petals	40.00	—	—	160.00	—	—
Rue (<i>Ruta graveolens</i>) cu	Aerial	13.00	10.00	—	24.00	20.00	—
Sage (<i>Salvia officinalis</i>) cu	Aerial	11.00	9.00	8.00	24.00	20.00	—
Sarsaparilla (<i>Aralia nudicaulis</i>) wc	Rhizomes/Root	20.00	16.00	15.00	40.00	36.00	—
Scotch Broom (<i>Cytisus scoparius</i>) wc	Flowering Tips	11.00	9.00	8.00	28.00	24.00	20.00
Sheep Sorrel (<i>Rumex acetosella</i>) wc/cu	Root	40.00	35.00	—	160.00	150.00	—
Skullcap (<i>Scutellaria lateriflora</i>) cu	Aerial	18.00	15.00	13.00	32.00	30.00	—

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		5-24 lbs Fresh	25-99 Fresh	100+ Fresh	1-4 lbs Dried	5-24 Dried	25-99 Dried
Spilanthes (<i>Spilanthes acmella</i>) cu	Aerial	16.00	14.00	12.00	22.00	18.00	16.00
Spruce, Sitka (<i>Picea sitchensis</i>) wc	Baby Tips	20.00	18.00	16.00	40.00	38.00	—
St. John's Wort (<i>Hypericum perforatum</i>) wc	Flower Heads, Top 5"	13.00	11.00	9.00	28.00	24.00	20.00
Stevia (<i>Stevia rebaudiana</i>) cu	Aerial	16.00	14.00	—	28.00	24.00	—
Sumac (<i>Rhus glabra</i>) wc	Fruit Heads	12.00	8.00	6.00	20.00	18.00	—
Sweet Annie (<i>Artemisia annua</i>) cu	Aerial	16.00	14.00	12.00	20.00	18.00	—
Sweet Flag (<i>Acorus calamus</i>) cu	Rhizome/Root	15.00	12.00	—	24.00	18.00	—
Tansy (<i>Tanacetum vulgare</i>) wc	Flowering Heads	16.00	14.00	12.00	18.00	14.00	13.00
Teasel (<i>Dipsacus sylvestris</i>) wc/cu	Root	15.00	12.00	10.00	40.00	36.00	—
Thyme (<i>Thymus vulgaris</i>) cu	Aerial	16.00	14.00	12.00	30.00	28.00	—
Usnea (<i>Usnea longissima</i>) wc	Lichen	—	—	—	45.00	40.00	—
Valerian (<i>Valeriana officinalis</i>) cu	Root	15.00	12.00	10.00	30.00	26.00	—
Vervain, Blue (<i>Verbena hastata</i>) cu	Aerial	16.00	14.00	12.00	24.00	20.00	17.00
Western Red Cedar (<i>Thuja plicata</i>) wc	Foliage	8.00	6.00	4.00	14.00	12.00	10.00
Wild Lettuce (<i>Lactuca serriola</i>) wc/cu	Aerial	16.00	14.00	12.00	22.00	18.00	16.00
Winter Savory (<i>Satureja montana</i>) cu	Aerial	16.00	14.00	12.00	22.00	18.00	16.00
Wormwood (<i>Artemisia absinthium</i>) wc/cu	Aerial	11.00	7.00	6.00	22.00	17.00	15.00
Yarrow (<i>Achillea millefolium</i>) wc	Flower Heads	16.00	12.00	10.00	30.00	26.00	—
Yellow Dock (<i>Rumex crispus</i>) wc/cu	Root	9.00	8.00	7.00	30.00	24.00	20.00
Yew, Pacific (<i>Taxus brevifolia</i>) wc	Twigs, Foliage	16.00	12.00	10.00	26.00	22.00	20.00

Looking for anything not on our list? Let us know as we are in touch with other herb growers and wildcrafters.

Here is a list of other herbs I've worked with. Inquire about availability and pricing for:

Alder catkins
 Anise-hyssop, *Agastache foeniculum*
Agastache urticifolia
Apocynum androsaemifolium
 Agrimony
 Alfalfa
Arnica fulgens
 Birch twigs
 Birch leaves
 Bittersweet Nightshade (*Solanum dulcamara*)
 Black Walnut Hulls
 Bleeding Heart (*Dicentra formosa*)
 Cascara (*Rhamnus purshiana*)
 Chamomile
 Cow Parsnip (*Heracleum lanata*)
Cymopterus terebinthinus

Figwort (*Scrophularia nodosa*)
 Foxglove
Monarda fistulosa
 Mullein roots
 Pearly Everlasting (*Anaphalis margaritacea*)
 Potentilla
 Redroot leaves
 Sitka Valerian
 Sweetroot (*Osmorhiza occidentalis*)
Veratrum viride
Vinca minor, Vinca major
 White Sage (*Salvia apiana*)
 Wild Ginger (*Asarum canadense*)
 Willow bark
 Wood Betony (*Pedicularis* sp.)

EDUCATION: Michael Pilarski teaches around the Pacific Northwest on farming and wildcrafting medicinal plants, permaculture, agroforestry, earth repair and related topics. Check out our website for his schedule. Would you like Michael to give a workshop in your area or speak at your event?

2016 Farm Report from Michael:

I maintained 3 herb plantings in 2016.

1. My 4-year old Hot Springs, Montana planting looked great in May but was decimated by grasshoppers for the 2nd year in a row.

Sheep sorrel was the only significant harvest. Most of the perennials will come back in 2017. The winter has been cold, so perhaps the grasshoppers will die back.

2. My 2-year old planting in Rice, northeast Washington did well, but I wasn't there much to catch the harvest. Still, there will be a lot of propagation material to dig up in spring 2017.

3. My first year planting in Port Townsend, Washington includes another medicinal agroforestry system with ginkgo, *Paulownia* and elderberry as the overstory. Most of the ground was in oats cover crop thereby improving the soil so we can expand the planting in 2017.

A brief description of our growing practices

The herb plantings at Friends of the Trees Botanicals are agroforestry systems, which include a wide diversity of trees,

shrubs, hedgerows, medicinal herbs, berries, vegetables and culinary herbs. I have been farming organically since 1972. I was one of the founders of Tilth in 1974. My herb plantings have been organic certified on and off over the years.

Currently my botanicals are not certified organic, but they are grown without the use of chemical fertilizers or pesticides.

We use cultural practices and natural fertilizers to build soil.

Our goal is healthy plants, a healthy ecosystem and good yields.

2017 Predictions.

We plan on increasing sales this year both of farmed and wildcrafted botanicals. We are planting more trees, shrubs and perennial herbs. We have a greenhouse this year and plan on producing 1500 to 2000 4-inch pots of many herb species. We will be selling potted plants and herb divisions locally. Seed production will go up. We will make a number of forays to eastern Washington, North Idaho and Northwest Montana to do wildcrafting as well as forays in western Washington.

-MP

2016 was a light year for my botanicals business, partially due to a very full organizing schedule (Medicinal Herb Growing & Marketing Conference in April and the Northwest Permaculture Convergence in October (both in or near Port Townsend, Washington).

Please inquire for our following catalogs:

- * Dried Botanicals in Stock
- * Seeds in Stock
- * Spring Plant Sale
- * Herbal Infused Oils

SHIPPING: We ship UPS, Fedex or US mail per customers preference.

Overnight, 2-day, 3-day or ground. Shipping is billed at cost.

Friends of the Trees Botanicals
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Our primary focus remains fresh plant material.

We have a reputation for delivering the highest quality, fresh and dried botanicals available. Although we dry some botanicals above our firm orders, it helps us if you place orders for fresh and dried botanicals early in the season!